





## Specific Learning Outcomes based on Essential Competencies & Entry-to-Practice Milestones:

Following attendance and active participation in lectures, labs, CRW and clinical site visits, the student will begin to demonstrate the following essential competencies for physical therapy practice, for a clientele with previously diagnosed conditions affecting the musculoskeletal system. The student will also have progressed toward the following entry-to-practice milestones, in the context of the topics discussed in this course.

### Physiotherapy Expertise:

- Employ a client-centered approach.

  - Act in a manner that respects client uniqueness, diversity and autonomy, and is in the client's best interest.

  - Provide the client with relevant information throughout care.

  - Actively involve the client in decision-making.

  - Empower client to engage in his / her own care.

  - Build and maintain rapport and trust with the client.

  - Ensure ongoing, informed client consent.

- Ensure physical and emotional safety of client.

  - Identify client-specific precautions, contraindications and risks.

  - Employ safe client handling techniques.

  - Apply assessment and intervention procedures in a manner that enhances the client's safety and comfort.

  - Monitor and respond to client's physical and emotional state throughout care.

  - Identify and respond to near misses and adverse events.

- Conduct client assessment.

  - Interview client to obtain relevant information about health conditions, and personal and environmental factors.

  - Determine client's expectations, and their relevance to physiotherapy.

  - Identify comorbidities that impact the approach to assessment.

  - Identify urgent health conditions that require immediate attention and take appropriate action.

  - Identify non-urgent health-related conditions that may benefit from referral to other services, and advise client accordingly.

  - Select and perform appropriate tests and measures.

- Establish a physiotherapy diagnosis and prognosis.

  - Interpret assessment findings and other relevant information.

  - Identify client's body structure and function impairments, activity limitations and participation restrictions.

  - Develop a physiotherapy diagnosis.

  - Develop a working prognosis.



Participate in shared leadership.  
Share relevant information with the team.  
Participate and be 0 1 381.55 48.2-CAS





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